

Report on UN Sustainable Development Goals

Azerbaijan State Oil and Industry University



ASOIU

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**SUSTAINABLE
DEVELOPMENT
GOALS**

3 GOOD HEALTH AND WELL-BEING



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Building a Healthier Future: Advancing Safety and Well-being

ASOIU is deeply committed to advancing the health and well-being of its students, staff, and the broader community. The university's initiatives in this area include providing access to health education, fostering collaborations with health institutions, and promoting physical and mental well-being through various programs, events, and policies. These efforts align with SDG 3: Good Health and Well-being, which focuses on ensuring healthy lives and promoting well-being for all at all ages. At ASOIU, emphasis is placed on the development of students in health-related fields, as well as fostering a supportive environment that encourages both physical and mental health.

ADNSU contributes to health, well-being, and sustainability through key programs. **Industrial Safety and Labor Protection** improves workplace safety and reduces health risks. **Chemical and Organic Substances Technology** promotes safe chemical handling for public health and environmental sustainability. **Instrumentation Engineering** supports precision technologies essential in healthcare and safety-critical industries. These programs collectively enhance health, safety, and sustainability across sectors.

The number of graduates from faculties related to SDG 3

458

Industrial Safety and
Labor Protection

253

Chemical and Organic
Substances Technology

175

Instrumentation
Engineering

Health, Safety, and Well-being Policy at ASOIU

ASOIU's Health, Safety, and Well-being Policy is integral to the university's commitment to SDG 3. This policy emphasizes the creation of a safe, healthy, and supportive environment for all students, faculty, and staff. The university has implemented a comprehensive system to manage health risks, focusing on both physical and mental well-being.

The **ASOIU Polyclinic** plays a central role in providing healthcare services to the university community. It offers free medical services, including routine health check-ups, gynecological and reproductive services, and mental health support through a dedicated counseling service. This includes addressing mental health challenges such as anxiety, depression, and stress management, while also promoting physical health through regular health campaigns and preventive care measures. The polyclinic also actively supported the university during the COVID-19 pandemic by facilitating vaccinations for students and staff.

In addition to healthcare services, ASOIU prioritizes student well-being through its **smoke-free campus policy**, banning smoking in all university buildings to reduce exposure to harmful tobacco smoke. This policy also contributes to a cleaner and safer environment for all.

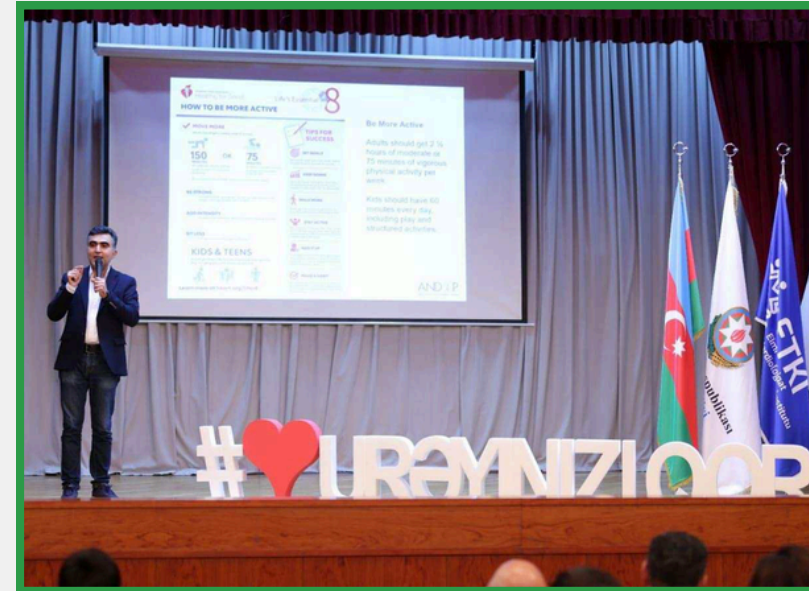
Furthermore, ASOIU's Well-being Strategy includes proactive initiatives to support mental health, such as **organizing workshops and inviting psychologists** to address topics relevant to student and staff well-being.

 [ASOIU's Health, Safety, and Well-being Policy](#)



Fostering Wellness: Events Focused on Health and Safety

- ✔ Disinfection and Health Safety Measures Amid COVID-19
- ✔ World Civil Defense Day: Ensuring Safety During Natural Disasters and Emergencies
- ✔ Anti-Addiction Awareness Event
- ✔ "Fight Against Leukemia" Public Union Meeting
- ✔ "Stress Management" Seminar
- ✔ "HIV/AIDS Prevention" Awareness Campaign
- ✔ Mandatory Health Insurance Awareness Event
- ✔ "Protect Your Heart" Awareness Campaign
- ✔ "Digital Dependency and Psychological Well-being" Seminar
- ✔ "Young Personality" Seminar
- ✔ Mandatory Health Insurance package offered to staff and students



UFAZ Psychology Club: Promoting Mental Health and Well-being

Psychology Club, organized at UFAZ (dual degree program of ASOIU) plays an important role in fostering student well-being through a range of interactive and educational activities. By providing opportunities for students to explore psychological concepts and engage in activities that support mental and physical health, the club enhances both personal development and community engagement. Below are some key events that highlight the club's contributions to mental health and well-being.

This Psychology Club organized a variety of events to promote mental health and build community among students. Activities included an informative session with icebreakers, psychological tests, and a Q&A to spark interest, as well as an interactive theater event, "Innocence Was an Illusion," where students solved a fictional crime, fostering teamwork and critical thinking. The club also held a Nature Walk Day with a scavenger hunt and psychological discussions, a yoga session in collaboration with the Indian Embassy focused on mindfulness and well-being, and an art therapy session, offering creative expression as a mental health tool. These events reflect the club's commitment to holistic health and student engagement.



Club Infosession



Nature Walk Day



Art Therapy



Interactive theater



Yoga Session

